

HDEART-C Summer Workshop

TUESDAY Program / Agenda

Tuesday, June 20, 2017 – Morning

Hogg Foundation for Mental Health Session Mental Health and Health Inequities

7:15 am – 7:50 am **Breakfast** – Grand Hall, Rice Memorial Student Center

7:30 am **Registration** – Shell Auditorium, McNair Hall

8:00 am **Introduction of the Session & Moderator:**



Octavio N. Martinez, Jr., MD., MPH, MBA, FAPA

Dr. Martinez is the Executive Director of the Hogg Foundation for Mental Health, Clinical Professor in School of Social Work & Associate Vice President for Diversity & Community Engagement, University of Texas at Austin. Rheeda L. Walker, PhD, Associate Professor of Psychology, University of Houston

8:05 am – 8:45 am **The 85th Texas Legislature and Mental Health Policy in Texas**

At the end of this program participants will have a better understanding of mental health policies in Texas as they currently stand. They will also know challenges we are still faced with.



Representative Garnet F. Coleman has served District 147 in the Texas House of Representatives continuously since 1991 as a leader in health care, economic development and education. He is Chairman of the County Affairs Committee and Senior member of the Public Health Committee. Representative Coleman served as a member of President Obama's State Legislators for Health Reform dedicated to advancing health reform. He serves as Co-Chair of the Progressive States Network, which advances progressive economic and social policies. He is one the Board of the Democratic Legislative Campaign Committee where he advocates for the interest

of Democratic state legislators. Representative Coleman joint authored legislation simplifying access to children's Medicaid for more than 600,000 Texas children who were eligible but not enrolled because of bureaucratic barriers. He helped secure an increase of \$161.5 million for at-risk child care services and joint authored legislation that created the Children's Health Insurance Program (CHIP) in Texas, which makes low-cost health insurance available to more than 400,000 children from working families. Representative Coleman received the Eli Lilly Reintegration Award and the Texas Academy of Family Physicians' Patient Advocacy Award, and was named one of Texas Monthly's Ten Best Legislators twice. Raised in Houston, Representative Coleman attended Howard University in Washington, D.C. and in 1990 graduated from the University of St. Thomas cum laude with a Bachelor of Arts. He also completed the prestigious Harvard University Senior Executive Program for State and Local Government.

8:50 am -9:30 am

Changing Policies That Promote the Triple Whammy: Mental illness, Substance Abuse and Chronic Disease

Disparities in health care outcomes have been shown for people of color. African Americans have been shown to show poorer outcomes in chronic diseases. We are proposing a "Triple Whammy" that African Americans have such outcomes due to inadequate treatment of mental health and substance abuse disorders. Misdiagnosis or missed diagnoses for mental disorders are common. Substance abuse is often inadequately treated. Problems such as stigma, and provider perspectives are some of the issues. Failure to seek treatment from mental or substance abuse provider specialists is a contributor to these concerns as is the overrepresentation of African Americans in correctional settings. Proposals to address these concerns include screening programs for mental disorders, education for patients and providers, adoption in correctional settings such as drug and mental health courts, and further research of the causes of disparities through such programs as the Sandra Joy Anderson Center.



William B. Lawson MD, PhD, DLFAPA, is currently Associate Dean for Health Disparities and professor of psychiatry, at the Dell Medical School, University of Texas, Austin, where he also has appointments in psychology and pharmacy. He is also Professor of psychology at Huston-Tillotson where he is Director of Community Health Programs at the Sandra Joy Anderson Community Health and Wellness Center. He is also the Director of Health Disparities Policy and Research at Austin Travis County Integral Care. He received a BS in psychology from Howard University, an MA from the University of Virginia, and PhD in Psychology from the University of New Hampshire. He received his MD from the Pritzker School of Medicine University of Chicago, did his residency at Stanford University and a fellowship at the National Institute of Mental Health. He has held faculty positions at the University of Illinois, Urbana, University of California, Irvine, Vanderbilt University, University of Arkansas, and recently left after 15 years as Professor and Chairman of the Department of Psychiatry and Behavioral Sciences at Howard University. He has held numerous senior positions and received national recognition including past President of the DC chapter of Mental Health America, Past President of the Washington Psychiatric Society, past Chair of the Section of Psychiatry and Behavioral Sciences of the National Medical Association, and past president of the Black Psychiatrists of America, received the American Psychiatric Foundation Award for Advancing Minority Mental Health, the 2014 Solomon Carter Fuller Award by the American Psychiatric Association, the Sigma Xi the scientific honor society and Alpha Omega Alpha, the medical honor society, the National Alliance for the Mentally Ill Exemplary Psychiatrist Award and Outstanding Psychologist Award, the Jeanne Spurlock Award from the American Psychiatric Association, and he E.Y. Williams Clinical Scholar of Distinction Award from the NMA. He received the 2017 George Winokur Clinical Research Award from the American Academy of Clinical Psychiatrists. He has over 200 publications, is the editor in chief of the Journal of the National Medical Association. He has continuously received federal, industry,

and foundation funding to address mental and substance abuse disparities. He has developed innovative telemedicine educational, early onset psychosis, correctional and addiction programs.

9:30 am - 9:40 am 10 minute break

9:40 am - 10:20 am **Stigma and the Reluctance to Address Mental Health Issues in Minority Communities**

This presentation will examine serious health communication problems that are closely related to the development of mental health disparities for members of minority populations, including pervasive stigma concerning mental health issues, poor access to relevant health information, lack of available mental health services, and the tendency to self-treat mental health disorders in ways that may exacerbate the problems. New communication strategies will be suggested to help address the stigma of mental health problems in minority communities and to encourage open discussion of these problems to promote provision of needed interventions for effectively addressing mental health issues.



Gary L. Kreps, PhD (PhD, U of Southern California, 1979) is a University Distinguished Professor and Director of the Center for Health and Risk Communication at George Mason University. He studies the use of strategic evidence-based communication to promote public health. Gary's well-funded research program is reported in more than 400 widely-cited publications. He was the founding Chief of the Health Communication and Informatics Research Branch at the National Cancer Institute (NIH) and served as Dean of the School of Communication at Hofstra University, Executive Director of the Greenspun School of Communication at UNLV, and professor at Northern Illinois, Rutgers, Indiana, and Purdue Universities. He has received many honors for his work including the 2015 Research Laureate Award from the American Academy for Health Behavior.

10:25 am – 11:05 am **Mental Health in the Criminal Justice System**



Ryan M Sutton, PhD, is a postdoctoral fellow of the Hogg Foundation for Mental Health in the Division of Diversity and Community Engagement. He earned his bachelor's degree in psychology, with a minor in African-American studies, from Xavier University of Louisiana earned a master of arts degree and a doctorate in counseling psychology from Howard University. Dr. Sutton completed his APA-accredited internship at D.C. Superior Courts. He has spoken at national conferences and has published on African American youth and mental health, juvenile justice, and academic achievement.

11:25 am – 11:45 am **Questions & Answers**

11:45 am - 12:50 pm **Lunch** – Grand Hall, Rice Memorial Student Center

Hogg Foundation for Mental Health Session Mental Health and Health Inequities

1:00 pm – 1:10 pm Introductions of afternoon speakers -



Octavio N. Martinez, Jr., MD., MPH, MBA, FAPA

1:15 pm – 1:55 pm **Role of Depression in Chronic Disease Management in Minority Populations**

Depression and chronic disease such as diabetes mellitus (DM) are the most common comorbid conditions across all socio-demographic spectra. Although their etiological relationship is unclear, together they present significant challenges to disease management in individuals with chronic disease. The difficulty of chronic disease management with depression is particularly amplified in vulnerable minority populations: individuals with disabilities, low income, and low health literacy, as well as members of linguistically isolated ethnic minority immigrant groups. The presentation will focus on the impact of untreated depression in chronic disease management and potential intervention strategies for underserved populations.



Miyong Kim, RN, PhD, FAAN, is a translational researcher who has built a strong program of research focused on community-based participatory research (CBPR) as a means of reducing cardiovascular related health disparities among traditionally undeserved ethnic minority populations. Dr. Kim's research program examines the effectiveness of self-care strategies for improving health outcomes and overcoming racial, ethnic and social disparities in healthcare. She has conducted several descriptive studies to explore and better define barriers and facilitators to equitable care for this racial and ethnic minority population. She has conducted more than 40 externally funded studies (Over \$ 20 million research cost) to improve minority health and over 100 publications on high impact scientific journals.

Dr. Kim currently serves as the inaugural Associate Vice President of Community Health Engagement at UT Austin. Most recently, in collaboration with 14 departments at UT and more than 10 community partners, Dr. Kim successfully obtained NIH funding to open a collaborative research center, the Center for Trans-Disciplinary Collaborative Research in Self-Management Science (TCRSS). As the principal investigator and director for this new Center, she is actively facilitating community-partnered research projects, mentoring junior investigators, and establishing an extensive network of community collaborators. Dr. Kim's research links community building strategies and health outcomes for individuals from under-served communities; her work continues to inform the researchers and clinicians to find community based evidence materials that deliver high quality, equitable care to increasingly diverse patient populations.

Dr. Kim had a long distinguished career at Johns Hopkins University where she started as an Assistant Professor & rose to the rank of full Professor, served as Department Chair and the Director of Center for Excellence in Cardiovascular Health Promotion before moving to UT in 2013.

2:00 pm – 2:40 pm **“Change is in the Air” within Behavioral Health Settings: We are Taking Texas Tobacco Free**

Individuals with mental and behavioral health needs (hereafter referred to as behavioral health needs) use tobacco at exceedingly high rates relative to the general population, which significantly contributes to chronic disease, cancers, and premature mortality. We describe Taking Texas Tobacco Free (www.TakingTexasTobaccoFree.com) a program that promotes wellness among Texans by partnering with behavioral health organizations to build capacity for system-wide, sustainable initiatives that reduce tobacco use and secondhand smoke exposure among employees, consumers, and visitors through policy and practice changes, educational initiatives, clinical training, and community outreach.



Lorraine R. Reitzel, PhD, is an Associate Professor and the Associate Chair of the Department of Psychological, Health, & Learning Sciences at the University of Houston. Her research program focuses on better understanding the social determinants of health and health risk behaviors - and the specific biopsychosocial mechanisms that account for disparities in health risk behaviors and health outcomes - with an emphasis on generating highly translational results that can be used to inform policy and intervention. Guided by social cognitive theory and the social ecological model of health, her research program spans the assessment of micro-level individual behavioral precipitants of, and macro-level environmental/contextual influences on, health risk behaviors. Much of her work is focused on addressing health disparities related to tobacco use, alone or comorbid with other substance dependence and health risk behaviors, among low socioeconomic status and other underserved groups. Dr. Reitzel has over 110 peer-reviewed publications in journals including *Addiction*, *Health & Place*, and *Cancer Epidemiology, Biomarkers, & Prevention*. She is a Tobacco Treatment Specialist and a licensed Psychologist in Texas with specific expertise in Motivational Interviewing. Her professional service includes work as an Associate Editor of *Nicotine & Tobacco Research* and a Managing Co-Editor of *Health Behavior and Policy Review*

2:40 pm – 2:55 pm **Break**

2:55 pm – 3:35 pm **Neurocognitive and Health Disparities in Congenital Heart Disease**

Congenital heart diseases (CHDs) are the most common type of birth defects, observed in 40,000 babies born in the US each year. Improvements in the care of those with severe CHD have led to a decline in childhood CHD mortality over the last 20 years, with an estimated 2.4 million people living with these medical conditions in the United States in the year 2010. This emerging ‘survivor’ population requires life-long surveillance and disease management, and is particularly vulnerable to neurocognitive, mental, and other health disparities, including lapses in care, depression, anxiety, and executive functioning deficits.



Keila N. Lopez, MD, MPH, is an Assistant Professor of Pediatrics in the Section of Pediatric Cardiology at Texas Children’s Hospital/Baylor College of Medicine. During medical school at Rush Medical College in Chicago, Illinois, she took a year to complete research training at the Mayo Clinic, in Rochester, MN, where she worked with Latino adolescents and smoking cessation. She then completed a pediatric and chief residency at the University of Chicago, and subsequently the Commonwealth Fund Fellowship in Minority Health Policy, where she received a Master of Public Health at the Harvard School of Public Health in Boston, Massachusetts. She then went on to Houston, Texas, where she completed a fellowship in pediatric cardiology with a focus on cardiovascular imaging at Baylor College of Medicine/Texas Children’s Hospital. Dr. Lopez’s research portfolio reflects a longstanding commitment to addressing health disparities and public health initiatives. She completed several projects focused on health disparities during medical and public health training, including a project investigating the Massachusetts “universal healthcare coverage”, where she revealed an “invisible” group not covered– an established and newly-arrived

Portuguese speaking immigrants (Latino, but non-Spanish speaking). Her current research interests focus on healthcare disparities among minority and underserved, particularly as they pertain to the field of pediatric cardiology. She has worked with the Texas Department of State Health Services on population-based epidemiologic projects to better understand congenital heart disease patients in the state of Texas. She is the creator and Director of the pediatric cardiology Transition Program, screening vulnerable adolescents and young adults with congenital heart disease for mental health disparities, knowledge and self-efficacy gaps, and suboptimal academic achievement. She is currently creating technology driven educational programs to assist transitioning adolescents with congenital heart disease to make the successful transfer from pediatric to adult care. Most recently she has received grant support from the NIH NHLBI Pediatric Heart Network as well as the NIH K23 Mentored Patient-Oriented Research Career Development Award to develop mobile technologies to assist in this transition process. She has presented locally and nationally on health disparities, including to the Texas Department of State Health Services Center for Elimination of Disproportionality and Disparities and the National Birth Defects Prevention Network Conference. She is leading the effort on creating adolescent transition and transfer quality metrics for American College of Cardiology Adult Congenital and Pediatric Cardiology Quality Work group. Given her public health background, she serves as an adjunct assistant professor in the Department of Sociology at Rice University and research affiliate at Rice's Kinder Institute for Urban Research. Additionally, as a result of her policy training, she serves as a co-investigator for the Texas Children's Policy and Advocacy Center. Dr. Lopez seeks to incorporate cardiology, public health, and minority health policy in order to develop research initiatives that directly inform health policy and improve the health care of minorities and underserved populations. She hopes to identify strategies to enhance and prolong the lives of those with CHD through surveillance, population-based research, education, health promotion, advocacy, and policy development.

3:35 pm – 4:15 pm

Eliminating Mental and Physical Health Disparities Through Culturally & Linguistically Centered Integrated Health Care

Since the U.S. Surgeon General's report on mental health (1999) declared mind and body to be inseparable, integrated health care has been gaining significant momentum across the nation as a preferred approach to care for people with comorbid physical health and mental health conditions. Primary care settings often are the gateway to health care for racial and ethnic minority populations and individuals with limited English proficiency (LEP) and, as such, it has become the portal for identifying undiagnosed or untreated behavioral health disorders. This provides an opportunity to address mental and physical health disparities and achieve health equity through a culturally and linguistically centered integrated health care delivery model.



Octavio N. Martinez, Jr., MD, MPH, MBA, FAPA, is the executive director of the Hogg Foundation for Mental Health, which is a unit within the Division of Diversity and Community Engagement at The University of Texas at Austin. He holds an appointment of Associate Vice-President within the division; is a clinical professor with an appointment in the university's School of Social Work; and holds an adjunct professor appointment at The University of Texas Health Science Center at San Antonio School of Medicine's Department of Psychiatry. His academic interests include minority health, health disparities, and workforce issues. In addition to his administrative and academic duties, he currently serves on the Institute of Medicine's Roundtable on the Promotion of Health Equity and the Elimination of Health Disparities. He has formerly served on the IOM's Committee on the Governance and Financing of Graduate Medical Education and on the Committee on the Mental Health Workforce for Geriatric Populations. From 2002 to 2006 he served as a Special Emphasis Panel Member for the National Institutes of Health, National Center on Minority Health and Health Disparities. He has a master's degree in public health from Harvard University's School of Public Health, a doctor's degree in medicine from Baylor College of Medicine, and master's and bachelor's degrees in business administration with a concentration in finance from

The University of Texas at Austin. He was Chief Resident during his psychiatric training at the University of Texas Health Science Center at San Antonio and is an alumnus of The Commonwealth Fund/Harvard University Fellowship in Minority Health Policy at Harvard Medical School.

- 4:15 pm - 4:40 pm Questions & Answers
- 4:40 pm – 5:00 pm Evaluations & Prize Drawings
- 5:00 pm Adjourn

Tuesday June 20, 2017 – Evening

American College of Healthcare Executives –SouthEastTexas Chapter (On site registration required)

- 6:00 pm – 6:30 pm Reception with American College of Health Care Executives –
SouthEastTexas Chapter – Rotunda, McNair Hall

- 6:30 pm – 8:00pm Making Health Equity a Strategic Priority: A Leader-Driven Imperative
- Imperative - Shell Auditorium, McNair Hall

The objectives of the panel discussion are to (1) Gain an understanding of the structures and processes that support equity, (2) Explore actions that address the social determinants of health and necessary to make equity a leader-driven priority, (3) Identify steps in increasing access to clinical services, such as working to improve cancer screenings and survival, as well as closing disparities in the management of myocardial infarction, and (4) Recognize the next level by leveraging economic, social and political power of the health care industry.

Moderator:



Carol Paret, is the Senior Vice President/Chief Community Health Officer for Memorial Hermann Healthcare System (MHHS) and the CEO of Memorial Hermann Community Benefit Corporation. Carol completed her undergraduate work at University of Houston and her graduate studies at University of Texas School of Public Health in Houston. Her career began in community health planning and for the past 31 years Carol has worked for MHHS. Among Carol's many accomplishments with the Memorial Hermann Community Benefit Corporation is a partnership with five school districts, Houston, Pasadena, Aldine, Alief, and Lamar Consolidated, called The Health Centers for Schools Program designed to provide a "medical home" for uninsured and Medicaid children K-12th grade. The program offers access to primary medical care, dental care, mental health counseling, social services, and nutrition counseling. Each of the 10 clinics is staffed by a nurse practitioner/physician assistant, social worker, licensed vocational nurse, and a receptionist with dietitian support and physician oversight provided. The Centers are open year round, five days a week and serve students in the schools' designated elementary, middle and high school feeder patterns.

Panelists



Ira Bell, MD, is the Regional Medical Director of First Care Health Plans, Austin, TX. Dr Ira Bell brings more than 40 years of experience in Family Medicine and Medical Management with over 20 years of experience specific to healthcare. He has worked in managed care as a primary care physician in a solo and group practice, served in organized hospital administration serving in various roles such as chief of departments and all elected positions including chief of staff at a major teaching institution. He has served as medical director and chief medical officer in several managed care organizations in the healthcare industry.



Craig Cordola, FACHE, MBA, MHA, serves as the Senior Vice President and President of the West Region for Memorial Hermann Health System with overall responsibility for Post-Acute Services across the organization, as well as Memorial Hermann Cypress Hospital, Memorial Hermann Katy Hospital, Memorial Hermann Greater Heights Hospital and Memorial Hermann Memorial City Medical Center. In addition, Cordola provides oversight for Heart & Vascular and Women & Children's Service Lines. As the Executive-in-charge of the System's relationship with McGovern Medical School at UTHealth, Cordola is responsible for continued growth of the flourishing partnership that provides patients with access to academically-affiliated physicians.

Cordola serves on a number of local not-for-profit boards for organizations such as the March of Dimes and Center for Houston's Future. Craig serves as the Chair for the George McMillan Fleming Center for Healthcare Management Advisory Board. He is also a Fellow of the American College of Healthcare Executives and has served as president of the organization's Southeast Texas Chapter. Cordola graduated with honors from The University of Texas at Austin with a degree in Psychology and continued his studies at University of Houston-Clear Lake, where he earned dual degrees with a Master of Healthcare Administration and a Master of Business Administration.



Tomas Garcia III, MD, Dr. Tom Garcia is Past President (2015-2016) of the Texas Medical Association and a practicing cardiologist (Houston). He has served in various leadership capacities, including chair of the TMA Board of Trustees. He is an advisory committee member of the Texas Medical Association Insurance Trust. Dr. Garcia served as president of Harris County Medical Society in 2008 and is currently a member of the boards of the Texas Medical Center and Gulf Coast Regional Blood Center. On the national level, Dr. Garcia has served on the delegation to the American Medical Association since 1998. He also served on the AMA Special Advisory Group Extraordinaire in 2002. Dr. Garcia is a native Texan and a graduate of The University of Texas at Austin with a B.S. in pharmacy. He has practiced cardiology in Houston since 1981. He is an Eagle Scout and an active member of the Boy Scouts of America, Sam Houston Council.



Monica L. Rasmus, MEd, MBA, DrPH, is Assistant Professor and Program Director of Health Administration in the College of Pharmacy and Health Sciences at Texas Southern University. She is adjunct professor at UT School of Public Health and the University of Houston-Downtown. Prior to academia, she was employed in both the private and public sectors of health care. She has served and serves on various boards, including the ACHE-SETC Board of Directors. Her areas of research are: health care quality, health care disparities, preventable adverse events, and diversity in hospital governance and leadership.